

***EGIR* Annual Meeting 14-16 May, 1999**
Augustus Hotel, Forte dei Marmi, Italy

Programme

Friday 14 May

12.00 Welcome cocktail

12.30 Lunch

14.30 Martine Laville (Lyon, France) Molecular biology of insulin resistance: an update

15.10 Presentations from members of the group

O Melander (Malmo, Sweden) Effect of sodium on insulin sensitivity differs according to the degree of sodium sensitivity in man

A Natali (Pisa, Italy) Dose-response characteristics of insulin action on glucose metabolism as determined from tracer data during the non-steady state

JK Cruickshank (Manchester, UK) Insulin-like growth factor binding protein-1 (IGFBP-1): a useful marker of hepatic insulin sensitivity in populations?

16.10 Peter Arner (Huddinge, Sweden) Adipose tissue metabolism and insulin resistance

16.50 Coffee

17.10 Presentations from members of the group

S Pampanelli (Perugia, Italy) Evidence of day-night changes of systemic glucose production but not of systemic and muscle glucose utilisation in type 2 diabetes mellitus

G Valsecchi (Milan, Italy) Progression of insulin resistance with different diets in normal rats

AJ Krentz (Southampton, UK) Hypothesis: cyclosporine and the insulin resistance syndrome

18.10 David Phillips (Southampton, UK) Birth weight as a marker of disease

18.50 Pre-dinner break

20.00 Aperitif followed by dinner at the Bambaissa beach-side restaurant

Saturday 15 May

09.00 **Ole Hother-Nielsen (Denmark) Hepatic insulin resistance: sites and mechanisms**

09.40 *Presentations from members of the group*

M Carvalheiro (Coimbra, Portugal) Abnormalities of islet B-cell function and insulin action in gestational diabetic women: relationship to BMI

C Levy-Marchal (Paris, France) Evidence for a role of adipose tissue in the long-term metabolic consequences on intra-uterine growth retardation

P Nilsson (Malmö, Sweden) Risk factors for intima-media thickness in hypertensives - is there a role for insulin

10.40 *Coffee*

11.00 *Presentations from members of the group*

PM Piatti (Milan, Italy) Evaluation of similarities and differences between "cardiac syndrome X" and "metabolic syndrome X"

G Nijpels (Amsterdam, Netherlands) Screening for diabetes, what are we really doing?

JM Dekker (Amsterdam, Netherlands) Physical activity and mortality according to glucose tolerance: the Hoorn Study

12.00 *Lunch*

14.00 **Henrik Galbo (Copenhagen, Denmark) Insulin and physical activity**

14.40 EGIR General Meeting

16.00 *Coffee*

16.15 **John Pickup (London, UK) Insulin, inflammation and atherosclerosis**

17.00 *Presentations from members of the group*

B Balkau (Paris, France) A predictor of insulin sensitivity for epidemiological studies: The EGIR database

E Bonora (Verona, Italy) Prevalence rates and additional clinical features of metabolic, plurimetabolic and insulin resistance syndromes

T Drivsholm (Copenhagen, Denmark) The prevalence of the metabolic syndrome, in respect to the insulin resistance syndrome, among 60-year-old women and men in Denmark

20.30 *Dinner and dance at La Capannina di Forte dei Marmi*