

EGIR *European Group for the Study of Insulin Resistance*

First announcement: **EGIR Meeting 2007**

***Courage and Wisdom:
Predicting and Modifying Insulin Sensitivity for Therapeutic Benefit
at the
Royal College of Physicians – Edinburgh, Scotland***

Wednesday, 30 May to afternoon of Friday, 1 June 2007

Accommodation:

Holiday Inn Express

Picardy Place, Edinburgh, EH1 3JT Scotland

Tel +44 (0)131 558 2300 - Fax: +44 (0)131 558 2323

The hotel is within a listed Georgian building, 5 minutes walk from the east end of Princes Street. It is well placed for the theatre, cinema and shops. It is a short distance from the *Royal College of Physicians* (9 Queen Street, Edinburgh EH2 1JQ <http://www.rcpe.ac.uk/>).

<http://www.hieedinburgh.co.uk/>

<http://www.hotels-in-edinburgh.co.uk/expressed.htm> (information on places of interest and transport)

Nearest airport is Edinburgh; transport will be arranged from the airport to the hotel (details nearer the time); however, for those arriving at odd times: information about transport into Edinburgh city centre <http://www.edinburghairport.com/>.

ABSTRACTS (one page only) should be sent to:

John Petrie, MD (J.R.Petrie@dundee.ac.uk)

Tel +44 (0)1382 632436 - Fax +44 (0) 1382 660675

Abstract deadline: 1 April 2007

REGISTRATION: Online at www.egir.org

Or email to: **Margaret Farquhar** (m.farquhar@rcpe.ac.uk)

Tel:+44 (0) 131 247 3636 - Fax:+44 (0) 131 220 4393

Deadline for registrations 10 April 2007

EGIR *European Group for the Study of Insulin Resistance*

EGIR Annual Meeting 2007
Royal College of Physicians - Edinburgh
Wednesday 30 May to afternoon of Friday 1 June 2007

Yes, I will be attending the EGIR meeting (please reply before 10 April 2007)

No, I will be unable to attend the EGIR meeting

Name _____ email _____

Telephone _____ Fax _____

Postal address _____

Accompanying person _____

Please indicate whether you require a single or double hotel room (Note: EGIR will cover the cost of accommodation for the nights 30 and 31 May only and further nights are at your own expense. If you bring a guest they must pay their own hotel costs).

Single/Double room _____

Date and time of your arrival - time ____: date ____ May 2007

Date and time of your departure - time ____: date ____ May 2007

Please indicate how you will arrive at the meeting (circle one of the following – if you do not yet know your travel plans you can send this information later)

Plane Train Car

Return this form to: Margaret Farquhar
Royal College of Physicians of Edinburgh
Tel:+44 (0) 131 247 3636 - Fax:+44 (0) 131 220 4393
Email: m.farquhar@rcpe.ac.uk

EGIR *European Group for the Study of Insulin Resistance*

Provisional Programme

Courage and Wisdom: Predicting and Modifying Insulin Sensitivity for Therapeutic Benefit Royal College of Physicians – Edinburgh, Scotland

Wednesday, 30 May 2007

Arrive at Edinburgh Airport, transfer to hotel provided.

- 18.00 Welcome from EGIR Chairman *Alain Golay, Geneva, Switzerland*
- 18.05 Introduction to EGIR Edinburgh 2007 *John Petrie, Dundee, Scotland*
- 18.10 Opening Lecture AMPK, metformin and insulin sensitivity.
Grahame Hardie, Dundee, UK
- 19.20 Welcome & Dinner "A Room in the Town," Howe Street, Edinburgh

Thursday, 31 May 2007

- 08.30 Invited Lecture "How much exercise is required to alter insulin sensitivity?"
Kirsten McAuley, Dunedin, New Zealand
- 09.15 Abstracts from Group (x3)
- 10.00 *Coffee break*
- 10.15 Abstracts from Group (x5)
- 11.30 Invited Lecture "Glucocorticoids and insulin resistance"
Brian Walker, University of Edinburgh, UK
- 12.15 Bus trip to *Arthur's Seat*: Picnic Lunch, Salisbury Crags (bring waterproof!)
- 15.30 Abstracts from Group (x3)
- 16.15 Invited Lecture "Studying insulin signaling in human muscle to identify new treatment targets"
Calum Sutherland, University of Dundee, UK
- 17.00 *Tea break*
- 17.15 EGIR Annual General Meeting (x3)
- 19:30 Dinner followed by *Ceilidh* (Portobello *Ceilidh* Band) - Great Hall, RCPE

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Friday, 1 June 2007

- 09.00 Invited Lecture "Insulin resistance and cardiovascular disease in type 1 diabetes" *To be confirmed*
- 09.45 Abstracts from group (x3)
- 10.30 *Coffee*
- 11.00 Abstracts from group (x6)
- 12.30 *Buffet lunch*, Conference Centre, RCPE
- 13.30 RISC Investigators' Meeting (programme to be decided)

Delegates will be provided with transfer back to airport.