



*European Group for the Study of Insulin Resistance*

Second Announcement **EGIR Meeting 2012**

*"Insulin resistance in obesity:  
pathophysiological concept or tool for stratifying risk?"  
Cité Internationale - Lyon, France*

**Tuesday 8<sup>th</sup> - Wednesday 9<sup>th</sup> May 2012**

**Hotel Accommodation:**

Hilton Hotel 4\*, 70 Quai Charles de Gaulle, 69006 Lyon  
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Website: [http://www1.hilton.com/en\\_US/hi/hotel/LYNHITW-Hilton-Lyon/index.do](http://www1.hilton.com/en_US/hi/hotel/LYNHITW-Hilton-Lyon/index.do)

**The EGIR meeting will be held at  
Cité Internationale - Room Gratte - Ciel 3**

Lyon, a combination of modern and traditional, designated a World Heritage site by UNESCO is a wonderfully manageable slice of urban France, Lyon certainly has its charms. Foremost among these is gastronomy; with more restaurants per Gothic and Renaissance square metre of the old town than anywhere else on earth. The conference centre, La Cité Internationale, is an open-air complex surrounded by a 250 acre park that includes a botanical garden, a zoo and a lake, located centrally with all the attractions that Lyon affords. The Hilton Hotel is walking distance from the congress centre which is at approximately 30 minutes from the Lyon-Saint-Exupéry Airport, that operates direct flights to 120 destinations in France, Europe and worldwide. For more information and flight itineraries: <http://www.lyonaeroports.com/>.

Transport from the airport to the city: by train approximately €13 by Rhônexpress (<http://www.rhonexpress.fr/>); to reach the Lyon-Saint-Exupéry Rhônexpress station from Terminals 1, 2 and 3, just follow the logo 7-10 minutes walking; Also taxis are available just outside terminal 1 and 2, around €40 one way. Lyon is well connected by the fast TGV trains - 2 hours from Paris. Within Lyon, there is a metro. For those also staying for the **ECO2012**, extra nights can be booked directly via Christine de Charsonville ([Christine.DECHARSONVILLE@GL-events.com](mailto:Christine.DECHARSONVILLE@GL-events.com)), for hotel availability and rates.

Abstracts (one page only) should be sent to

Lucrecia Mota email: [egir@med.unipi.it](mailto:egir@med.unipi.it) - Tel.: + 39 050-552465 Fax: + 39 050-552089

**Abstract and registration deadline: 10 April 2012**

REGISTRATIONS should be sent to directly to:

Christine De Charsonville, email: [Christine.DECHARSONVILLE@GL-events.com](mailto:Christine.DECHARSONVILLE@GL-events.com)

copy to: Martine Laville, email: [martine.laville@univ-lyon1.fr](mailto:martine.laville@univ-lyon1.fr)

**IMPORTANT: Due to the financial restrictions on resources for the EGIR Meetings, this year we can only accept a maximum of 50 participants for one night only, so early bird registrations will guarantee that EGIR will cover the cost of accommodation and meals.**



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## **EGIR Meeting 2012 – Lyon, France**

### PRELIMINARY PROGRAMME

#### *Tuesday, 8 May*

- 10.00**                    **Registration and coffee**
- 10:30**                    Hepatic insulin resistance and metabolomic – **Amalia GASTALDELLI**,  
Institute of Clinical Physiology  
Pisa, Italy
- 11 :15**                    Abstracts session n°1 from EGIR Group
- 13 :00**                    Lunch
- 14 :30**                    Insulin sensitive vs insulin resistant obesity – **Rémi RABASA-LHORET**,  
Institut de Recherche Cliniques de Montréal, Montréal, Canada
- 15 :15**                    Abstracts session n°2 from EGIR Group
- 16.30**                    Coffee break
- 17:00**                    From bariatric to metabolic surgery – **François PATTOU**, Université  
Lille 2, Lille , France
- 18:00**                    Egir Session (programme to be decided)
- 18:30**                    Social programme

#### *Wednesday, 9 May*

- 8:30**                    Surrogate indexes for insulin resistance: is there no harm in having too  
much? – **Jean-Phillipe BASTARD**, Université Pierre et Marie Curie,  
Paris, France
- 9: 15**                    Abstracts session n°3 from EGIR Group
- 10:30**                    Coffee break
- 11:00**                    RISC Investigator's Meeting (programme to be decided)



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**AGENDA**  
**EUROPEAN CONGRESS ON OBESITY (ECO)**  
**LYON – MAY 9-12, 2012**

**ICCR SYMPOSIUM**  
**MAY 9, 2012**  
**12:00-13:00**

**TARGETING THE OVER CONSUMPTION OF SUGAR SWEETENED BEVERAGES TO MANAGE  
ABDOMINAL OBESITY AND RELATED CARDIOMETABOLIC RISK**

**CO-CHAIRS: M. LAVILLE / J.P. DESPRÉS**

Opening Remarks	M. Laville France
SSB's and Cardiometabolic Risk: Epidemiological Evidence	J. Dallongeville France
SSB's and Cardiometabolic Risk: Mechanistic Insights	L. Tappy Switzerland
Managing Abdominal Obesity and Cardiometabolic Risk Integrating SSB's in the Big Picture	J.P. Després Canada
Conclusion	J.P. Després Canada

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International Chair  
on Cardiometabolic Risk